

The Hub newsletter

January and February have flown by...but they were packed with retreats, a Marriage Workshop, speaking at Ignite Life's She Speaks Truth, book studies, Soul Care Women's events, men's and women's conversations and more! The next couple months should be just as exciting! Two brand new books should be coming out in the next few months, a worship night 4/12, and now there is a monthly Book Hub.

You can pick up your copy of the journal at Location 119 or click the [Amazon link](#).



The Cloud Tool Journal for Marriage is available online and at Location 119

WHAT'S NEW??

- Book Hub meets at Location 119
- Cloud Tool Journal with Generation Z coming soon!
- Mental Health Vitamins FAMILY Workshop
- Dennis' book coming out soon.
- Cloud Tool Journal for Marriage

Groups and Workshops at Location 119

NEW - Family Mental Health Workshop for March: Featuring the Mental Health Vitamins. Bring your family to learn and create healthy language and skills to utilize together. \$35 per family. March 14th at 530pm

Emotional Support Group in April for learning tools on how to live with anxiety, depression, and grief. Starting in February \$20 per group 4/16, 23, 30 - 530pm

All groups, workshops and counseling are booked through the website.



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928-331-0023



Hope & Health Hub Location 119
119 Walnut Street Kingman AZ 86401

Hub Happenings

Would you invite one person to each of these happenings?

Prayer Gathering

If you are a woman in leadership, counseling, or ministry and need other people praying with you, please join us for one hour of prayer.

DATES: 3/6 & 4/3

Location 119 at 5pm

The Women's Hub

The Women's Hub is a gathering of Kingman Women in community, connection and conversation focusing on wholeness, solutions, and words of life.

DATES: 3/1, 3/15, 4/5, 4/19

Location 119 at 1230pm

Men's Fireside

Fireside is gathering of Kingman Men for connection, conversation, and fostering intentional relationships. To attend text "Fireside" to 928-331-0765

DATES: 3/29, 4/26 AT 6PM

Location is texted each month

- **Celebrate Recovery** - Central Christian Church Kingman - 3/1 & 4/12 April is a worship night 630pm
- **Book Hub March** - 3/28 at 6pm Location 119 - Read *The Practice of the Presence of Jesus: Daily Meditations on the Nearness of Our Savior* by Joni Eareckson Tada and then meet up for a discussion at the end of the month.
- **Book Hub April** - 4/25 at 6pm Location 119 - *Finding God* by Larry Crabb

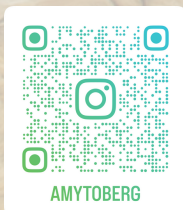
Hub Prayer Requests:

*Worship and teaching events at churches and schools.
Book writing and editing process to go smoothly.*

Hub questions:

*What was your biggest lesson for 2023?
What is your 2024 word of the year?*

Subscribe to the newsletter at AmyOberg.com



For more information on these events check out social media or to book Dennis and Amy Oberg for speaking engagements email hope@amyoberg.com



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